

Delegation
Mindset Inventory

This report highlights your delegation mindset based on three key barriers. Each barrier is rated as High, Medium, or Low, with reflection questions to help you improve delegation and leadership effectiveness.

Expectation Barrier

This barrier arises when assumptions—either from others or yourself—about what is expected of you make it difficult to delegate tasks, leading to unnecessary workload and stress.



Level
HIGH

Reflection Questions:

- What unspoken expectations do you feel from your manager, team, or clients?
- How can you clarify these expectations to create more space for delegation?

Reflection Barrier

This barrier arises when you have unrealistic expectations of yourself or others, leading to a reluctance to delegate tasks to others, which can result in burnout or team frustration.



Level
MEDIUM

Reflection Questions:

- Do you have unrealistic expectations of yourself or others when delegating tasks?
- How can you adjust your expectations to create more space for delegation?

Identity Barrier

This barrier arises when you have a fixed identity or role that prevents you from delegating tasks, leading to a reluctance to let others take on responsibilities that are not traditionally associated with your role.



Level
LOW

Reflection Questions:

- How do you perceive your role and responsibilities, and how might this limit your ability to delegate?
- How can you challenge your fixed identity to create more space for delegation?

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